

# Welcome!

May 20, 2019  
2:00 pm ET/11:00 am PT

---



## ALS Care Connection

**Matt McCabe**  
Managing Director  
Lotsa Helping Hands

Hosted by:  
The ALS Association  
National Office-Care Services  
[cknoche@alsa-national.org](mailto:cknoche@alsa-national.org)  
800-782-4747





## **ALS Care Connection**

Powered by Lotsa Helping Hands

May 20, 2019

# Lotsa Helping Hands Partnership

**A central place to coordinate meals  
and help for friends & family.**



## **Coordination**

Quickly schedule meals, rides, and appointments for someone in need.



## **Communication**

Send encouragement and keep your support team in the loop.



## **Accessibility**

Remotely coordinate care with family, friends and volunteers through web, mobile and connected devices.

# Why Care Connection?



# Getting Started

<http://www.alsa.org/als-care/caregivers/care-connection.html>

<https://alsa.lotsahelpinghands.com/>



How it Works

Get Started

About

Log In

Join a Care Team

START A CARE TEAM

A background image showing several hands of different skin tones stacked together in a supportive gesture. The hands are positioned in the center of the frame, with fingers interlaced or overlapping. The image has a soft, slightly blurred quality, emphasizing the sense of community and care.

## Easily Organize Help for Someone in Need.

A central place to coordinate meals and help for friends & family.

START A CARE TEAM



# Create Your Community

## Create a Community


### Your Community

Please fill out the community information below.

Community Name \*

Purpose \*

Description



ZIP Code \*  

☒ Allow friends and family to find this community by name and/or postal code.

☐ Allow all members to send invitations.

### Your Info

Your profile will be created as a Community Leader. You can change this later.

 I'm not a robot  reCAPTCHA  
[Privacy](#) · [Terms](#)

☒ \* I have read and agree to the [Terms of Use](#).

Create My Community

[Reset](#)

\* Required Field

# Setup Your Profile

## Welcome to The ALS Association

You're almost there! We need additional information to set up your Community.

**1** Set Up  
Community  
Profile



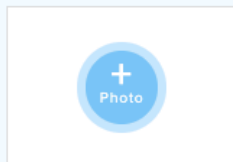
**2** Add  
Members



**3** Write Your  
First  
Announcement

### Add a Community Photo

Upload a photo that best represents your Community. You can change this at any time.



**ALS Test Community**  
caregiving

This is a demonstration

#### Coordinator



**Cynthia Knoche**  
[cknoche@alsa-national.org](mailto:cknoche@alsa-national.org)

### Set Your Community URL

Share the URL below with people you want to join your Community.

<https://alsa.lotsahelpinghands.com/community/>

als-test-community-1

Step 2: Add Members

[Skip setup profile](#)

# Invite Members/Volunteers

## Welcome to The ALS Association

Invite friends and family to sign up and start helping.

1 Set Up  
Community  
Profile



2 Add  
Members



3 Write Your  
First  
Announcement

 Invite via Email

 Invite via Text

 Share Link

**Send From:** Cynthia Knoche <cknoche@alsa-national.org>

**Send To:** Enter email addresses to send invites to your Community, separated by commas and a space.

**Subject:** Join ALS Test Community Community on The ALS Association

**Message:** Cynthia Knoche has invited you to join ALS Test Community. Please click the link below to accept:  
<https://alsa.lotsahelpinghands.com/community/als-test-community-1>

**Add Personal Message** (Optional)

Send Invites


[Clear](#)

Import Addresses from your  
Email Account



# Invite Via Text

 Invite via Email

 Invite via Text

 Share Link

**Send From:** Lotsa Helping Hands

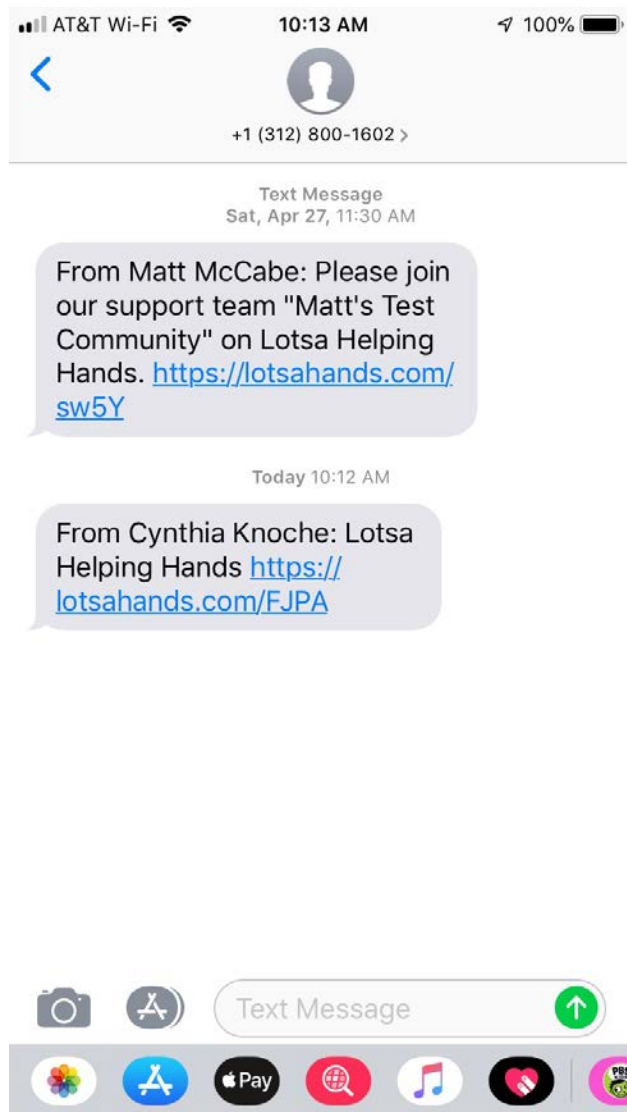
**Number:** 2144037486

**Message:** Cynthia Knoche has invited you to join ALS Test Community

Send Text Invite

[Clear](#)

# Text Link



# Mobile Browser Sign-up

Messages 10:13 AM 100%  
alsa.lotsahelpinghands.com

MENU

## ALS Test Community



### Coordinators

Cynthia Knoche

This is a demonstration

## Join Community

You have been invited to this community.  
Enter your email address to continue.

Email

Next

[Decline Invitation](#)

# Post Your First Announcement



## Create an Announcement

Update friends & family and explain how you want them to use the site. Post an Announcement to automatically generate an email sent to all Members of the Community.

Subject \*

Description \*

[Hide Toolbar](#)

**B** **I**  **U**   

Photo



When to Post \*



Now



Schedule For Later

Comments



Allow Members to Comment

Create Announcement

\*Required Field

## Helpful Tip

Announcements are great for keeping people in the loop, communicating needs, and managing the well-meaning efforts of others.

# Community Home Page / Dashboard



The Katz Family Test Care Team



Cynthia Knoche  
Community Coordinator

[Switch Community](#)



Home



Calendar



Announcements



Well Wishes



Photos



Administration

## Activity Overview

0 Tasks I'm Helping With

13 Tasks Created

8 Members

2 Tasks Done

0 Pending Requests

1 Photos Uploaded

6 Pending Invites

1 Announcements

0 Failed Invites

3 Well Wishes

## Help Calendar

[View All](#)

## Latest Announcement

### 40th Anniversary Picnic



Sons, Tom and Jerry are planning a 40th Anniversary celebration July 5th at Recreation Park - all are invited for the 1:00pm lighting of the...

Cynthia Knoche  
Posted on 05/05/2019 at 8:02pm



[Edit community information](#)

## The Katz Family Test Care Team

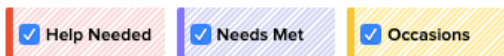
Started 05/05/2019

Public search: Yes

Felix's ALS symptoms have been progressing. Kitty provides nearly all his care, but must continue to work part-time. Assistance with a few activities and errands noted on the calendar would be a huge help.

# Community Home Page / Dashboard (Scrolled)

## Help Calendar

[View All](#)

May 2019						
Su	M	Tu	W	Th	F	Sa
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

## Recent Well Wishes



Cynthia Knoche  
05/10/2019

Extending wishes for a happy Mothers Day to Kitty!



Nicole Yarab  
05/06/2019

Felix and Kitty,

You are in our daily thoughts and prayers. Looking forward to our upcoming visit!



Cynthia Knoche  
05/05/2019

Felix and Kitty, so glad to hear you will be attending the 50th reunion. The entire class is looking forward to your old dance-floor routine!

part-time. Assistance with a few activities and errands noted on the calendar would be a huge help.

Felix is allergic to Tuna!

## Share Community URL

[alsa.lotsahelpinghands.com/community](https://alsa.lotsahelpinghands.com/community)



## Coordinators (1)

Cynthia Knoche  
[cknoche@alsa-national.org](mailto:cknoche@alsa-national.org)  
Community Organizer

# Community Administration



Home



Calendar



Announcements



Well Wishes



Photos



Administration

## Manage Members

8

Total  
Members

0

Pending  
Requests

6

Pending  
Invites

0

Failed  
Invites

 Add Members

ex. Jennifer, meal, ride



Show:

All Community

Sort  
by:

First Name



Print

New Member



mary@alsaco.org

Past 90 Days

0 Tasks Completed

0 Photos Uploaded

Help With

[View Profile](#)

 Remove

New Member



Angie Naden

angie.naden@gmail.com

Past 90 Days

0 Tasks Completed

0 Photos Uploaded

Help With

[View Profile](#)

# Member Profile



The Katz Family Test Care Team

 Search

 Invite

 Help



Cynthia Knoche  
Community Coordinator

[Switch Community](#)



Home



Calendar



Announcements



Well Wishes



Photos



Administration

[Manage Members](#) | Member Profile

New Member

Member



## Basic Info

Mobile:

Email: [mary@alsaco.org](mailto:mary@alsaco.org)

## Roles & Group [\(Edit\)](#)

Member Type: Member

## Notes from Coordinator [\(Edit\)](#)

Help With [\(Edit\)](#)

## Help Activities

### Scheduled Tasks (0)

[See All Tasks](#)

### Recent Activities

#### Past 90 days

0 Tasks Created

0 Tasks Completed

0 Photos Uploaded

[See All Time](#)

[Print Profile](#)

[Assign Activity](#)

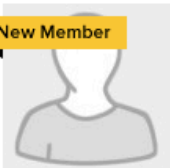
[Delete Member](#)

# Edit Profile

[← Manage Members](#) | [Member Profile](#) | [Edit Profile](#)

New Member

Member

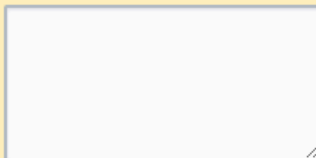


## Basic Info

Mobile:

Email: [mary@alsaco.org](mailto:mary@alsaco.org)

## Help With



## Roles & Groups

☐ Coordinators

## Help Activities

### Scheduled Tasks (0)

[See All Tasks](#)

### Recent Activities

#### Past 90 days

0 Tasks Created

0 Tasks Completed

0 Photos Uploaded

[See All Time](#)


[Print Profile](#)

[Assign Activity](#)

[Delete Member](#)

# Your Profile

Coordinator



## Cynthia Knoche

Coordinator

### Basic Info [\(Edit\)](#)

Cynthia Knoche

Mobile:

Email: [cknoche@alsa-national.org](mailto:cknoche@alsa-national.org)

### Help With [\(Edit\)](#)

### Roles & Group [\(Edit\)](#)

- Member Type: Coordinator, member

### Notes from Coordinator [\(Edit\)](#)

### Preferences [\(Edit\)](#)

#### Notifications

- Email Activity Reminders: 1 day before
- Announcements: Receive via email

#### Privacy

- Phone: Coordinator
- Email: Coordinator
- Address: Coordinator
- Location: Coordinator

### Help Activities

---

#### Scheduled Tasks (0)

[See All Tasks](#)

---

#### Recent Activities

- Cynthia uploaded "Katz Family.jpg" 11 days ago

---

#### Past 90 days

0 Tasks Created

0 Tasks Completed

1 Photo Uploaded

[See All Time](#)

# Your Notification & Privacy Preferences

## Preferences

### Notifications & Privacy

Email Alert: 

5 days  
✓ 1 day  
1 hour  
30 minutes  
10 minutes

? via emails

Set the visibility of your basic information below.

Phone: 

Coordinators

Email: 

Coordinators

?

Address: 

Coordinators

Location: 

Coordinators

[Save Changes](#)

# Care Calendar

**ALS** ASSOCIATION The Katz Family Test Care Team

 Search

 Invite

 Help



Cynthia Knoche  
Community Coordinator

Switch  
Community



Home



Calendar



Announcements



Well Wishes



Photos



Administration

Day


Week

Month

Year

Agenda

[Today](#)

 Create an Activity

May 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

28

29

30

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

Drop off Cassero

Drop off Cassero

Pick Up Grocery

May 17, 2019

Filter

☒ Help Needed

☒ Needs Met

☒ Occasions

Members

Select...

Event type

Select...

**ALS**  
ASSOCIATION

# Calendar Agenda View



The Katz Family Test Care Team

Search

Invite

Help



Cynthia Knoche  
Community Coordinator

[Switch Community](#)



Home



Calendar



Announcements



Well Wishes



Photos



Administration

Day

Week

Month

Year

Agenda

[Today](#)

[+ Create an Activity](#)

Agenda View

Monthly



May 2019



May 2019

Mon May, 13	9:00 am - 7:00 pm	Drop off Casserole	Volunteer Needed
Thu May, 16	9:00 am - 7:00 pm	Drop off Casserole	Sandra Sullivan
Sat May, 18	9:00 am - 12:00 pm	Pick Up Grocery Order	Markeya Martin
Mon May, 20	9:00 am - 7:00 pm	Drop off Casserole	Volunteer Needed
Thu May, 23	9:00 am - 7:00 pm	Drop off Casserole	Volunteer Needed
Sat May, 25	9:00 am - 12:00 pm	Pick Up Grocery Order	Nicole Yarab
Mon May, 27	9:00 am - 7:00 pm	Drop off Casserole	Nicole Yarab
Thu May, 30	9:00 am - 7:00 pm	Drop off Casserole	Volunteer Needed

June 2019

Sat Jun, 1	9:00 am - 12:00 pm	Pick Up Grocery Order	Volunteer Needed
------------	--------------------	-----------------------	------------------

May 17, 2019

Filter

☒ Help Needed

☒ Needs Met

☒ Occasions


Members


Select...

Event type

Select...

# Create an Activity

The Katz Family Test Care Team

Cynthia Knoche  
Community Coordinator


[Switch Community](#)


[Home](#) **[Calendar](#)** [Announcements](#) [Wishes](#) [Photos](#) [Administration](#)


[Calendar](#) | Create Activity


## Create New Activity


Select an Activity


Preparing Meals


Giving Rides


Shopping

Childcare

Visits

Coverage

Occasions




Miscellaneous

Activity Info


Name \*

Description


Hide Toolbar

**B** **I** **U**   

Activity Photo

 Add an image

Attachments

 Add an attachment

**Helpful Tip**  
Select the type of activity you are creating.

**Don't Forget**  
Make sure to include relevant details for your activity.



# Activity Options

## People

Coordinator(s) \* ☒ Cynthia Knoche

Number of  
Volunteers  per date

## Activity Date & Time

Choose a single date, or select multiple dates for repeating events.

Start  
time

End  
time

May, 2019							June, 2019							July, 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
28	29	30	1	2	3	4	26	27	28	29	30	31	1	30	1	2	3	4	5	6
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31	1	23	24	25	26	27	28	29	28	29	30	31	1	2	3
2	3	4	5	6	7	8	30	1	2	3	4	5	6	4	5	6	7	8	9	10

## Location

Locations

[+ Additional location](#)

Create Activity

[Cancel](#) | \*Required Field

# Switch Communities



[Log Out](#)

[Create a Community](#)

[My Communities](#)

The following are the communities you belong to:

6 Communities



ALS Test Community

[Visit](#)



Let's Kick the Wheels

[Visit](#)



Sarah's Test Group

[Visit](#)



Squid Family Test Team

[Visit](#)



The Katz Family Test  
Care Team

[Visit](#)




Tilton's Care Connection

[Visit](#)

# Scheduling Announcements for Later

When to Post ☐ Now ☒ Schedule For Later



Comments ☐

Required Field

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
28	29	30	1	2	3	4	12:45 pm
	5	6	7	8	9	10	1:00 pm
12	13	14	15	16	17	18	1:15 pm
19	20	21	22	23	24	25	1:30 pm
26	27	28	29	30	31	1	1:45 pm
							2:00 pm

Powered by:

Main Home

# Photo Albums



The Katz Family Test Care Team



Cynthia Knoche  
Community Coordinator

Switch  
Community



Home



Calendar



Announcements



Well Wishes



Photos



Administration

All Albums

+ Create Album

+ Sort albums



Katz Test Family  
Cynthia Knoche  
05/06/2019

# Create An Album

[← All Albums](#) | Create Album

## Create an Album

Album name \*

Photos \*



Select Photo



Add Another Photo

Create Album

Cancel

\* Required Field

# Edit Activity

[Calendar](#) | Drop off Casserole

## Drop off Casserole

[Edit Activity](#)

[Delete Activity](#)



### Preparing Meal



**Monday, May 13, 2019** [\(Edit Activity Dates\)](#)

9:00 am - 7:00 pm



**Volunteers Needed: 1**

Volunteer Spots Left: 1

[+ Volunteer](#)



**1500 San Pablo St, Los Angeles, CA 90033, United States**



### Description

Drop off casserole or crock-pot type meal for four; anytime before 7:00pm.



### Attachments

### Comments

### Volunteer(s) [\(Assign\)](#)

### Coordinator(s)



**Cynthia Knoche**

[cknoche@alsa-national.org](mailto:cknoche@alsa-national.org)

### Share








# Assign Volunteers

Calendar | Drop off Casserole

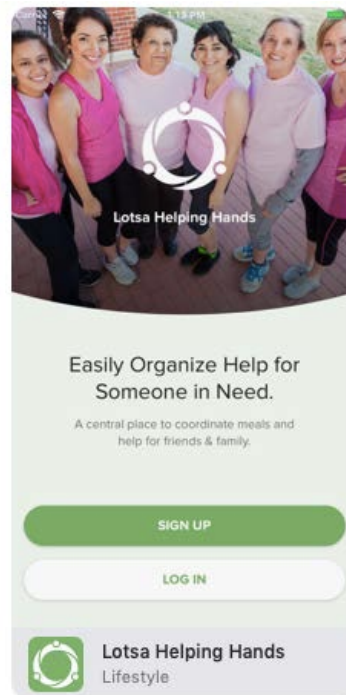
## Drop off Casserole

Manage Volunteers

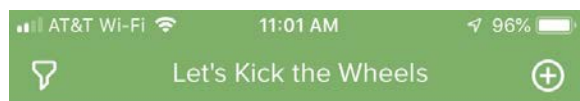
	<b>Cynthia Knoche</b> cknoche@alsa-national.org Member Type: Coordinator, member	<a href="#">+ Volunteer</a>
	<b>Angie Naden</b> angie.naden@gmail.com Member Type: Member	<a href="#">+ Volunteer</a>
	<b>Markeya Martin</b> mmartin@alsa-national.org Member Type: Member	<a href="#">+ Volunteer</a>
	<b>Nicole Yarab</b> nyarab@alsa-national.org Member Type: Member	<a href="#">+ Volunteer</a>
	<b>Miriam Brodtkin</b> mbrodtkin@alsa-national.org Member Type: Member	<a href="#">+ Volunteer</a>

# Mobile App

- 1.) Search for Lotsa Helping Hands in iOS App Store or Google Play (Android)
- 2.) Download App
- 3.) Login using an existing account or create a new one
- 4.) Full functionality for members and coordinators to manage the community




# Home Feed and Team Edit



**M Matt McCabe**  Well Wish  
Mar 7, 2019 at 1:14pm

Feel better soon

**M Matt McCabe**  Album  
Aug 28, 2018 at 1:03pm

Jack and Auden



**M Matt McCabe**  Well Wish  
Jul 31, 2018 at 8:17pm

Testing out well wishes for commenting



Home



Tasks



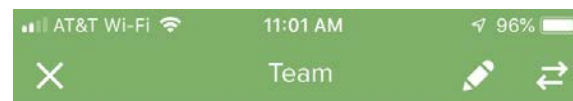
Photos



Activity



Settings



**Let's Kick the Wheels**

We are taking this here tech tool for a use cases spin.

[ADD MEMBERS](#)

Coordinators 4

**S Stephen Bekanich**

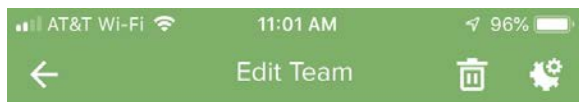
**C Cynthia Knoche**

**M Matt McCabe**

**B Betty Yuan-Cardinal**

Members 4

# Update Community & Switch Communities



Let's Kick the Wheels

We are taking this here tech tool for a use cases spin.

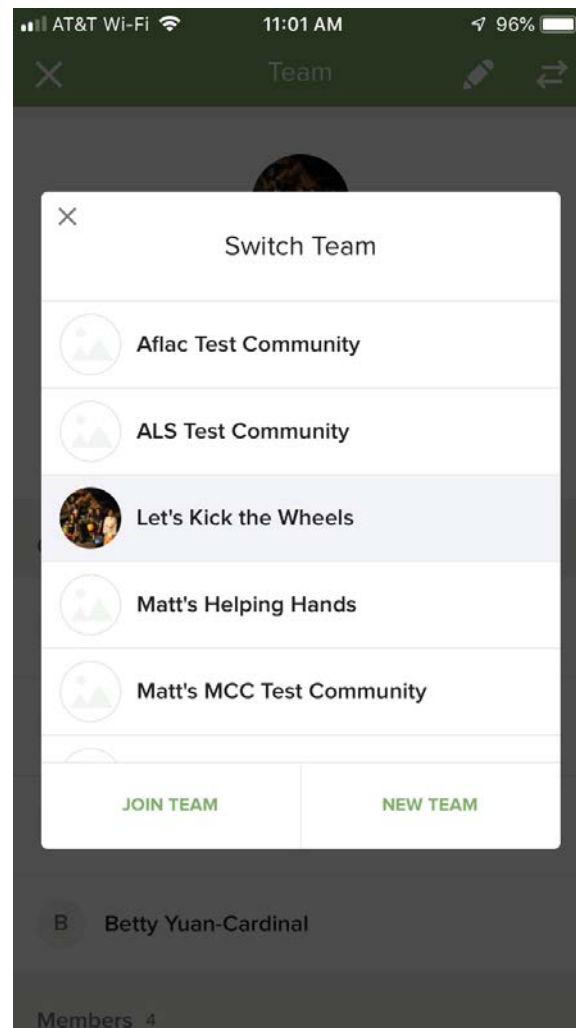
The ALS Association

Caregiving

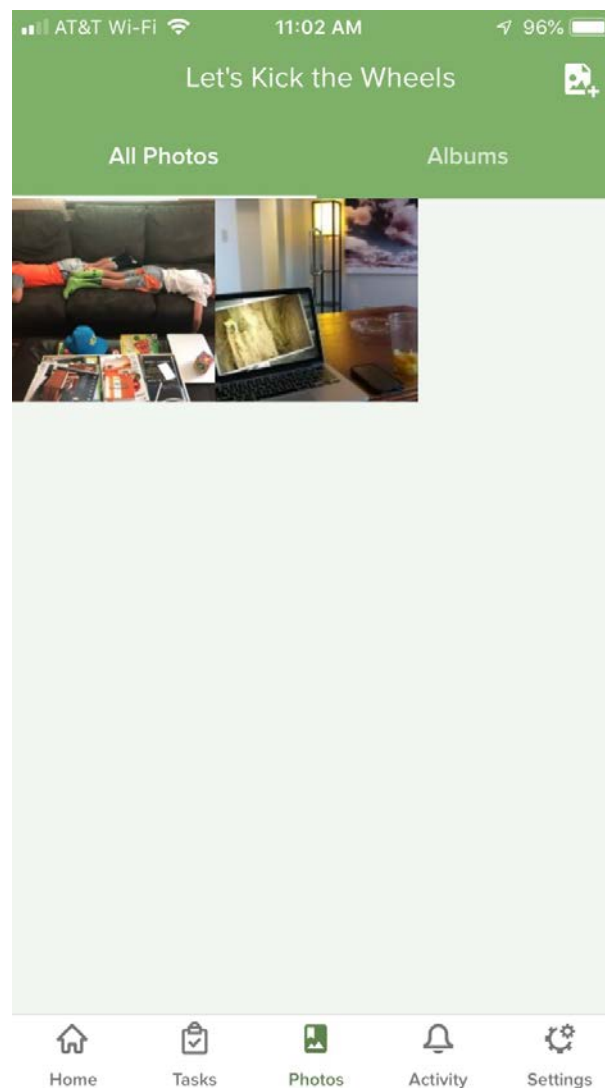
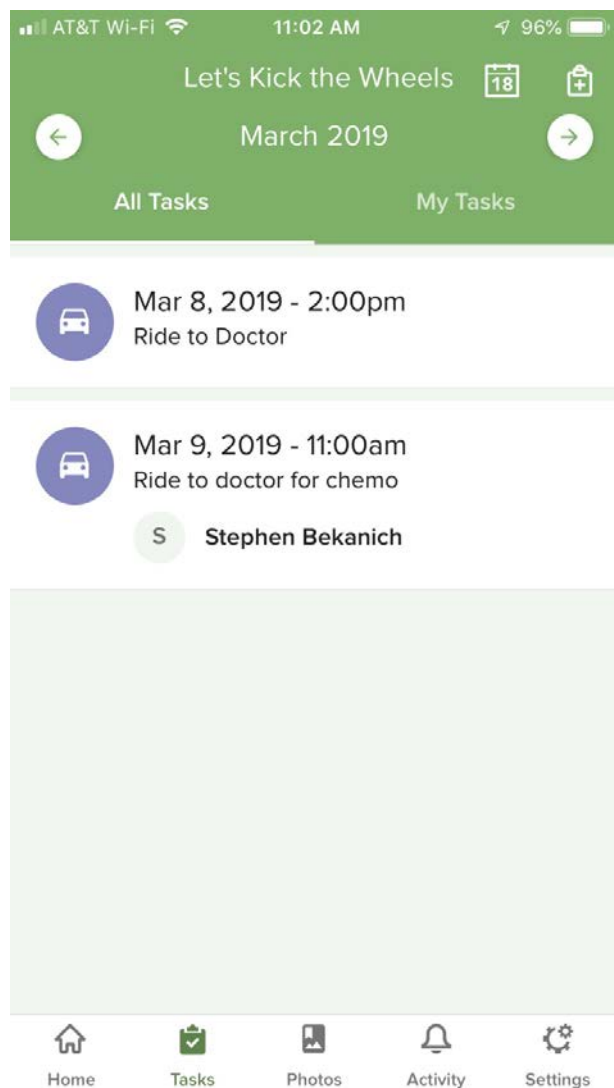
75209

☒ Allow friends and family to find this team by name and postal code.

☐ Allow all members to send invitations.



# Task List & Photos



# Activity Feed & Settings

AT&T Wi-Fi 11:03 AM 96%

Let's Kick the Wheels

**Cynthia Knoche** 3/19/2019  
volunteered for the task Task for Cynthia

**Matt McCabe** 3/7/2019  
assigned Stephen Bekanich to the task Ride to doctor for chemo

**Matt McCabe** 3/7/2019  
posted the task Ride to doctor for chemo

**Matt McCabe** 3/7/2019  
posted a well wish

**Matt McCabe** 3/7/2019  
posted the task Ride to Doctor

**Matt McCabe** 3/7/2019  
assigned Betty Yuan-Cardinal to the task Task for Cynthia

**Matt McCabe** 2/28/2019  
posted the task Task for Cynthia

Home Tasks Photos Activity Settings

AT&T Wi-Fi 11:03 AM 96%

Let's Kick the Wheels

Account

My Profile >

Switch Team >

Sign Out >

Let's Kick the Wheels

View Members >

Help

Contact Support

About

Terms of Service >

Version: 3.9.2.1048645

Home Tasks Photos Activity Settings

## Q & A

Thank you for joining us today!

Please let us know any questions that you have.

Contact:

[support@lotsahelpinghands.com](mailto:support@lotsahelpinghands.com)

[mattm@lotsahelpinghands.com](mailto:mattm@lotsahelpinghands.com)